



2021 Runway 5K Racer Instructions

What you need to know as a participant of the Runway 5K:

1. Packet Pick-up:

FRIDAY, OCTOBER 8 from 4-6pm

Hunter Subaru, Fletcher, NC [Directions to Hunter Subaru | Fletcher NC | Serving Hendersonville, Waynesville and Spartanburg](#)

It is **strongly recommended** that you pick up your race packet at this time, as access to the race site is via shuttle only, and timing could be tight the day of the race.

2. RACE DAY – SATURDAY, OCTOBER 9 – **ARRIVE EARLY! NO JOKE. WE DON'T WANT YOU TO MISS THE EVENT!**

Race time is 2pm – but it will take significant time to shuttle all 1,000 participants and their family members to the event site! Event site opens at 11:30am (first shuttle leaves parking area at 11am, and the LAST shuttle before the race leaves at 1:20pm. Each shuttle only seats 44 people, so we can't accommodate everyone if you all arrive later). **PLEASE, PLEASE, PLEASE – PLAN AMPLE TIME TO SHUTTLE TO THE EVENT**. Race check-in tent opens at 11:30am. (We've

got you covered for the time before the race – music, plane spotting, food trucks & fun start at 11:30am.)

3. PARKING

Gate 7 parking lot at the WNC Ag Center, accessed via Hwy 280 (in-between the airport and Broadmoor Golf Links). Watch for Runway 5K sign on fence.

Shuttle buses will operate between the parking area and the event site, starting at 11am, and ending at approximately 5pm (with a brief STOP during peak race time). One ADA accessible bus will be available for those with special needs or strollers.

MASKS REQUIRED ON BUSES. Please bring a mask. A supply of disposable masks will also be available.

PLAN AMPLE TIME TO SHUTTLE TO THE EVENT! Racers will be given priority closer to race time, and **the last shuttle prior to the race departs at 1:20pm.**

*All attendees must arrive and depart via shuttle.

4. WHAT TO EXPECT WHEN YOU ARRIVE AT THE EVENT SITE

- Race check-in opens at 11:30am
- Self-bag check tent
- Large tent with DJ – music from the 60s and other decades
- Two food trucks – Doc Brown's BBQ & The Toasted Cuban (bring your credit card)
- Merchandise Tent (see the [website](#) for a sneak peek)
- Airport equipment on display
- Civil Air Patrol, AB-Tech Aviation and WNC Pilots Association tables
- Star 104.3 FM Van with yard games
- PLANE SPOTTING! You will be adjacent to Asheville Regional Airport's active runway!

5. COURSE, WATER, TIMING, AWARDS – and WHAT'S IN YOUR RACE BAG

See the website at www.flyavl.com/Runway5K for all details.

*PLEASE NOTE: There will be no water stations on the course (because we can't have trash on the airfield). You may bring your own non-disposable water bottle with you when you run, and there will be water at the finish for all racers. You will be given a snack in your race pack – this is your post-race snack (for health & safety reasons, we will not have a food table at the race finish).

AWARDS CEREMONY will take place at approximately 3pm. No awards will be mailed.

(Food trucks will be open until approximately 3:30pm, so racers can buy food after the race, if desired.)

RACE BAGS CONTAIN:

- T-shirt
- Safety pins for race bib
- Post-race snack (no food will be placed at finish line)
- Ear protection (for your use, if desired – airplanes can be loud!)

6. RACE SHIRTS

Those who registered by the t-shirt cutoff (September 16 at 9pm) will receive the shirt/size they ordered at race pick-up.

Those who registered after the cutoff may receive shirts at packet pick-up, while sizes and supplies last.

T-shirt exchange will be available AFTER the race at the event site, for those who want to trade for a different size, if available.

7. RESULTS

Live results will be posted. Link TBD – check back here.

8. WHAT TO BRING WITH YOU

- The event site is a large field. **Bring a camp chair or blanket** to enjoy the day, food, music and plane-spotting.
- **Water!** There will be water for racers, and a limited supply of water for sale – but it's a good idea to bring a supply for your whole group.
- **Credit card** – great food trucks and merchandise! (See our website at www.flyavl.com/Runway5K for full details and a sneak peek!) All proceeds benefit local aviation scholarship funds.
- **Masks!** We do encourage social distancing and masks are required on shuttles, and encouraged when you are waiting in lines. There will be ample room to socially distance, and we know everyone will be courteous of others. (Please see our website T www.flyavl.com/Runway5K for full COVID-19 information.)

9. I'M A WALKER – WILL I HAVE TIME TO FINISH THE COURSE?

We hope everyone will enjoy running and/or walking on the airfield. However, we can't be out there all day! There is a possibility that if you are a walker, and you've walked pretty slowly, very friendly airport folk will use official-looking airport vehicles to create a detour and direct you to turn around if time is running short.

10. IMPORTANT, IMPORTANT, IMPORTANT! NO FEET ON GRASS – OR YOU'LL BE REMOVED FROM THE RACE.

The Runway 5K course is on an airfield, adjacent to an active runway. There are significant safety protocols – and all racers **MUST** remain on the hard surface (the gravel entry road and the paved taxiway). Airport security will be stationed along the course. If a racer is seen walking/running in the grass area adjacent to the taxiway, airport security will have to remove that racer from the event.

PARENTS – please ensure your children understand this rule. Thank you!

11. COVID PROTOCOLS

We are observing COVID-19 safety measures. All attendees will be required to wear masks on the shuttles to and from the event site. Because we are able to host this event in a vast outdoor area, social distancing will be very easy (and we encourage keeping your distance from others – your race timing does not start until you cross the start line). Masks are not required outside due to the significant ability to appropriately distance at our event, but please be considerate of others and know that masks are certainly welcome and encouraged when waiting in lines. We will have ample hand sanitizer and complimentary masks for those who may need them.

To promote social distancing, we will not have food tables at the finish line for racers; instead, we are including a granola bar or other similar snack in your race packet – intended as a snack to enjoy at the end of the race. We will have bottles of water at the race finish – easy to grab quickly as you pass by.

Last – if you are experiencing any COVID-like symptoms, or have recently been exposed to the virus, please do not attend this event. Thank you for being considerate of others.